

spiritual pick

Shadow Of Inner Light,
Kumar Gallery, 22 Western
Avenue, Sainik Farms,
December 1-7, 11 am-7 pm

Renowned Buddhist scholar and artist, the XIIth Kuanding Tai Situpa has a solo exhibition in the city with more than 40 paintings to take you on a spiritual journey. He works in a mixed media of acrylics on canvas and watercolours and red pearl ink on silk, archaic paper and rice paper. His portrayal of natural entities, like the sun and the moon in their myriad shades, the pristine Himalayan landscape, majestic pagodas and the tranquil flora and fauna, all reflect a deep sense of humanism, harmony and brotherhood.



"Wisdom is conveyed not only through the Dharma teachings but also through the visual medium." That is why the XIIth Kuanding Tai Situpa chooses to paint and, in the process, enlighten those around him.



DID YOU KNOW?

The XIIth Kuanding Tai Situpa was born into an agricultural family in 1954 in the Palyul District of Tibet. At the age of six, he was forced to leave Tibet, journeying first to Bhutan and then Sikkim. He went on to live at the Rumtek monastery in Sikkim, the new seat of the 16th Karmapa.

